

aks-varioplus

Anti-decubitus cube mattress

Instructions for use

Translation of the original instructions for use















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aks-varioplus



Version history

Version	Date	Change
01	2022-02-10	Adaptations to Regulation (EU) 2017/745



1 Introduction

Dear customer,

Thank you for choosing an aks GmbH product. We appreciate your vote of confidence.

Read the instructions for use in full before using the product for the first time and before each reuse, in order to avoid damage or risks due to misuse. The instructions contain important information and notes that are necessary for proper use of the product.

If you have queries, particularly regarding the safety instructions, please contact your authorised dealer. Do not use the product until all matters have been clarified. This is to prevent injuries and damage due to incorrect use.

Keep these instructions for use within reach of the user and include them with the product if it passes to another owner.

We reserve the right to make changes and amendments. The text and illustrations may therefore not fully match the delivered product.

If you have any difficulty reading these instructions for use (e.g. due to the font size), you can always download the current version of these instructions for use as a PDF document from the aks website¹. Open the PDF document and adjust the display on your screen according to your needs.

Using the product means a better quality of life for the patient and makes work easier for the user.

This product is not permitted for use in the **United States of America** or **Canada**. The distribution and use of the product in these countries, including any distribution or use by third parties, is prohibited by the manufacturer.



You can find the latest version of the instructions for use in the download area on the aks website.

1

aks-varioplus



The **aks-varioplus foam cube mattresses** in 90 cm or 100 cm width (hereinafter also referred to as the products) have been developed for decubitus prophylaxis and therapy. Using the products means a better quality of life for the patient and makes work easier for the user.

Among other things, they products distinguish themselves through the following features:

- Plastic mounting frame makes it possible to remove individual foam cubes without losing stability in the mattress
- Possibility of hollow positioning thanks to removable foam cubes
- Favourable microclimate regulation thanks to cube-shaped reclining surface
- Reduced shear forces thanks to cube-shaped reclining surface
- CFC-free foam
- Available with a width of 90 cm or 100 cm
- Covered with inkoair® mattress cover on delivery

We hope the product fulfils your expectations and wish you every success in caring for your patients.



1.1 Explanation of the symbols used

For ease of reading, these instructions for use employ the following symbols to indicate important information:

_	Warning of danger
!	Indicates safety instructions that must be observed under all circumstances in order to avoid an immediate danger to life and limb (risk of serious or fatal injury).
	Safety notice
	Indicates information concerning safe use of and safe work on the product.
	Information
1	Indicates useful and important instructions and information.

In these instructions for use, the following symbols, amongst others, are used to label medical devices:

[]i	Observe instructions for use					
LOT	oduction batch number, batch					
REF	Article number					
SN	Serial number					
SIZE	Dimensions of the product					

For more information on labelling, please refer to the chapter on **Product labelling**.



2 Intended use

The products are Class I medical devices according to Regulation (EU) 2017/745, Annex VIII.

The products are suitable for domestic use as well as for use in inpatient¹ facilities. The products are only suitable for use in dry, indoor areas.



See the rating plate or the chapter on **Technical data** for the permitted patient weight.

See the chapter on **Technical data** for the climatic conditions.

The products are suitable for reuse (see chapter on **Reuse**). Intended use further includes reading and observing these instructions for use as well as performing the inspections and maintenance tasks in accordance with the maintenance schedule (see the chapter on **Maintenance**).

2.1 Intended purpose

The intended purpose of the products is sleeping/resting. To this end, they are placed on a care bed or a "standard bed" (see chapter **Commissioning**).

The products are used to prevent, treat and alleviate decubitus ulcers. They can be used for decubitus prophylaxis as well as for decubitus therapy. With regard to decubitus prophylaxis, the products are suitable up to patients with a high risk of decubitus.



The products may only be used for decubitus prophylaxis and for therapy of decubitus ulcers up to and including Grade II (according to EPUAP).

Read and observe the instructions for use. Only use the products in accordance with the intended purpose as described. Any other use is prohibited.



The products are intended for long-term use under normal conditions (see chapter **Technical data**).

2.2 Indication

The products are intended for patients who, due to an illness, injury, disability or their age, have to lie down for long periods of time. Thanks to the removable foam cubes, they make it possible to reduce contact with specific parts of the body and thus reduce the pressure on parts of the patient's body that are at particular risk or are injured.

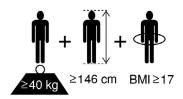
¹ Use in semi-residential facilities (e.g. day/night care) is therefore also covered.



2.3 Contraindication



In combination with a care bed (EN 60601-2-52), the products are only suitable for adult patients with a body weight of at least 40 kg, a height of at least 146 cm, and a body mass index² (BMI) equal to or higher than 17.



2.4 Side effects



Note that permanent pressure-reducing support can have may cause the patient to lose his or her body scheme, mobility is restricted and a reduction of spontaneous movement may occur. This makes activating care more difficult.

$$BMI = \frac{Weight (in kg)}{Size \ x \ size \ (in \ m)}$$

Body mass index is a measurement of a person's outline based on their individual body weight and height:



3 Safety instructions



The safety instructions apply to all and any persons who perform work in any way with or on the product. Where a specific group is addressed, this does not exclude any other persons.

Read and observe the safety instructions. The safety instructions comprise text or a combination of a symbol with text. The symbols used are not substitutes for the text for the safety instructions. Read the text of the safety instructions and follow it precisely.

3.1 Explanation of the groups referred to

The operator is the person who is in possession of the medical device, i.e. any natural or legal entity whose employees operate/use the medical device. The operator does not necessarily need to be the proprietor of the medical device (e.g. medical supply store, authorised dealer, health insurer). The operator bears principal responsibility for the organisational measures and for ensuring compliance with national regulations.



The user must be trained in the safe handling of the medical devices described in these instructions for use (incl. accessories) prior to their first use and every reuse. It is the duty of the operator (e.g. the responsible medical supply store/authorised dealer) to ensure that the user receives the proper training.

If the medical device is to be used by relatives of the patient who are responsible for the patient's care¹, the operator must inform said relatives of the circumstances in which they should ask a health care professional for advice, e.g.:

- If they observe any health problems in the patient that are associated with the product.
- If they are unsure regarding a potential use of the product.

In Germany, the EU Medical Devices Adaptation Act (MPEUAnpG) applies, and in particular the Medical Devices Implementation Act (MPDG) and the Medical Devices Operator Ordinance (MPBetreibV) contained in Article 1. The corresponding national laws, regulations and requirements are applicable in other countries.

Qualified personnel are persons who, through their training and practical activities, possess the required specialist knowledge and means to properly maintain [assemble, perform commissioning, maintain, inspect, repair, treat (clean/disinfect) and dispose of] medical devices – those defined in these instructions for use – (incl. accessories) and who are capable of performing and documenting the required tasks within the necessary scope.

¹ Relatives who care for the patient do **not** usually possess formal health care training.





In the context of these instructions for use, the word **user** refers to the person who uses (operates) the medical device (incl. accessories) on the patient. The user will be taught the skills and knowledge required to do this by means of proper training in the use of the product provided by the operator, in accordance with these instructions for use.



The user must be physically and mentally able to perform the following activities in relation to the medical devices (incl. accessories) described in these instructions for use:

- Use them in accordance with their intended purpose.
- Set them up in accordance with their intended purpose (e.g. carry out permissible adaptations/modifications in line with the intended use and the permissible combinations).
- In case of obvious damage: shut them down, mark them clearly as "Out of order" and inform the appropriate qualified personnel.

Users must be able to assess the patient's clinical condition and to take specific action to protect the patient from danger. If relatives take over responsibility for the patient's care, these relatives must be in a position to consult a health care professional when in doubt.

Prior to each use – of the – medical devices (incl. accessories) described in these instructions for use, the user must ensure that the products are in good condition and full working order, and observe the instructions for use.

In these instructions for use, the term **patient** is used to refer to a person who requires care due to their illness, injuries, disability or age.

For the sake of better legibility, only the male form (he/his) is used in the texts . The female form is of course always implicit in such use.



3.2 General safety instructions



Training is required in the proper handling of the product (incl. accessories). The training must be documented in an appropriate form. The training must be conducted on the product itself in accordance with the instructions for use, and must observe all the contents of said instructions for use.

Please note the minimum and maximum permitted patient weight (see chapter on **Technical data**). Undershooting or exceeding the permitted patient weight increases the risk of decubitus that is always present when the product is used. The product may only be used on adult patients. Failure to comply means that safe operation can no longer be guaranteed.

Do not use a damaged or heavily worn product/accessories. Failure to observe this requirement will increase the risk of decubitus that is always present when the product is used.

In addition to the periodic checking by suitable qualified personnel, check that the product and its accessories are in a safe state before each use (see chapter on Maintenance, section Maintenance schedule: Inspection by the user). Do not continue to use the product (incl. accessories) if damage has occurred. If you have any doubts about the safety of the product or the accessories, do not use them. Mark the product/accessories clearly as "out of order" and inform your authorised dealer immediately.

Observe the specifications regarding cleaning/disinfecting (see the chapter on **Cleaning/disinfecting**).

When cleaning/disinfecting the product, note that the individual components could be infectious or contaminated. Take suitable precautions for your own safety. Use suitable packaging/labelling to ensure that the product/accessories can be transported without any risks to third parties.

Keep the product (incl. accessories) away from direct sunlight. Protect the product from intense heat (e.g. heating, stoves) or open flames (e.g. fireplace, cigarette ember, candle) and other heat effects (e.g. from electric blankets). The foam core is not flame retardant. There is a risk of fire.

Note that smoking in bed increases the risk of fire (due to embers).

Protect the product (incl. accessories) from pointed and sharp-edged objects and surfaces (this also includes the claws and teeth of pets). There is a risk of damage.

Check the suitability of the product (incl. accessories) for the patient at regular intervals (e.g. in case of physical changes [amputation] or weight gain/loss). In doing so, take account of the special characteristics of the patient. Evaluate the existing decubitus ulcers using appropriate means. Ensure that professional assessment in the form of a risk analysis is ensured, so that the correct size and version of the foam mattress are used for the patient. Match the functional characteristics of the aks foam mattress to the specific disabilities and functional limitations of the respective patient. Potential contraindications must be observed here.





Use the product in line with its intended purpose only and always observe the instructions for use.



When using the product in a care bed with side rails, check the height of the side rail above the top of the mattress. It must measure at least 220 mm. If the distance is less than 220 mm, use a suitable side rail height extender.



Explain any potential risks to the patient and brief them to ensure that their behaviour does not generate any additional risks. There is a higher risk for unsupervised persons lying in a care bed / standard bed who are also mentally deranged or extremely fragile. Strictly comply with the safety instructions specified here in order to minimise the residual risk.

When using the product in a care bed with side rails, note the additional risk of crushing and shearing.

The patient should not come into direct contact with the mattress, mattress cover or incontinence stretch cover. Only use the product with a suitable mattress cover or incontinence stretch cover and a bed sheet.

Please note that no other overlays (e.g. fur) are to be used on the mattress (mattress cover/incontinence stretch cover).

Make sure that there is no foreign matter (e.g. food scraps) between the bed sheet and the patient.

For hygiene reasons, always use the product for the same patient.

Use only original aks accessories/spare parts in order to avoid danger (see the chapter on **Accessories/combinations**).

If the mattress is not used for an extended period, observe the requirements for storage in the chapter **Storage**.



If you experience any serious incidents² involving the product (incl. accessories), please contact aks GmbH and the relevant national authorities without delay.

^{2 &}quot;Serious incident" means any incident involving the product (or its accessories) that directly or indirectly led, might have led or might lead to any of the following: (the death of a patient, user or other person, or the temporary or permanent serious deterioration of a patient's, user's or other person's state of health).



3.3 Safety instructions for the operator



Prior to initial use and every reuse, train the user on the product itself (incl. accessories) on the basis of the instructions for use, explain the safety instructions, test the effectiveness of the training, and properly document said training. Make the user aware of the hazards that may arise in case of unintended use of the product (incl. accessories).



Only allow suitable qualified personnel to perform the commissioning, maintenance, treatment (cleaning/disinfecting) and repair of the product (incl. accessories).

Make sure that the user is physically and mentally able to perform the following activities in relation to the medical devices (incl. accessories) described in these instructions for use:

- Use them in accordance with their intended purpose.
- Set them up in accordance with their intended purpose (e.g. carry out permissible adaptations/modifications in line with the intended use and the permissible combinations).
- In case of obvious damage: shut them down, mark them clearly as "Out of order" and inform the appropriate qualified personnel.

Inform the user that, in addition to the periodic checking by suitable qualified personnel, the user themselves must check that the product and its accessories are in a safe state before each use (see chapter on Maintenance, section **Maintenance** schedule: Inspection by the user).

Make sure that the user possesses the skills and knowledge required to check the suitability of the product (incl. accessories), to assess the patient's clinical condition, and to take specific action to protect the patient from danger.

Observe the following measures in order to prevent fires:

- Use flame-retardant mattresses and bedsheets wherever possible.
- Instruct the user and the patient that smoking in bed is not allowed.
- Instruct the user and the patient that candles are not allowed next to the bed.
- Only use electrical devices (e.g. lamps, radios) that are in full technical working order, and ensure that their power cables are not in a position where they can be damaged by the moving parts of the care bed.
- Make sure that these devices cannot accidentally end up on or under the bedsheets (risk of heat accumulation). Use LED lamps where possible, as these generate far less heat than conventional lamps.
- Do not connect plugs to extension cables or multiple sockets underneath the bed (risk of short-circuit/fire due to penetration by water).







If relatives take over responsibility for the patient's care, check that these relatives are in a position to consult a health care professional when in doubt. Explain to the users when they should ask a health care professional for advice, e.g.:

- If they observe any health problems in the patient that are associated with the product/ accessories.
- If they are unsure regarding a potential use of the product/accessories.



When using the product, comply with all the provisions of the EU Medical Devices Adaptation Act (MPEUAnpG), and in particular the Medical Devices Implementation Act (MPDG) contained in Article 1, and all additionally applicable legal regulations as well as with the applicable work health and safety regulations, accident prevention regulations and the general provisions concerning the handling of technical devices.

Note that this product is a medical device and the Medical Devices Operator Ordinance (MPBetreibV) are binding for the operator in Germany.

The corresponding national regulations apply in other countries. For use in countries other than Germany, observe the respective applicable national laws, regulations and provisions.

3.4 Safety instructions for the user



Arrange for the operator (e.g. your responsible medical supply store/authorised dealer) to train you in the safe handling of the product (incl. accessories) using the product itself, in accordance with the instructions for use.

Only use the product (incl. accessories) if you have been instructed about its handling – including the safety instructions – and you have the corresponding expert knowledge to assess the suitability of the product (incl. accessories) for the patient. If in doubt, ask a health care professional for advice. If you have queries, particularly regarding the safety instructions, please contact the operator. Do not use the product (incl. accessories) until all matters have been clarified. This is to prevent injuries and damage due to incorrect use.



When using the medical devices (incl. accessories) described in these instructions for use, ensure regularly that the products (incl. accessories) are in good condition and full working order (see chapter on Maintenance, section **Maintenance schedule: Inspection by the user**). Observe the instructions for use.



4 Scope of delivery

The product has already been inspected at the factory to ensure completeness and freedom from defects. Nevertheless, check the product immediately after receipt for possible transport damage.

After removing all individual parts, check the completeness of the scope of delivery using the delivery note. If not all the individual parts of the scope of delivery are present, contact your authorised dealer.

The product's scope of delivery includes:

- 1x anti-decubitus pressure-reducing mattress made of foam
- 1x inkoair® mattress cover (fitted on the mattress)
- 1x instructions for use



Fig. 4.01 - Delivered rolled up

The product is 15 cm high and can be delivered in the following dimensions:

SIZE W x L [cm]	REF
90 x 200	04517
100 x 200	04518

5 Product overview

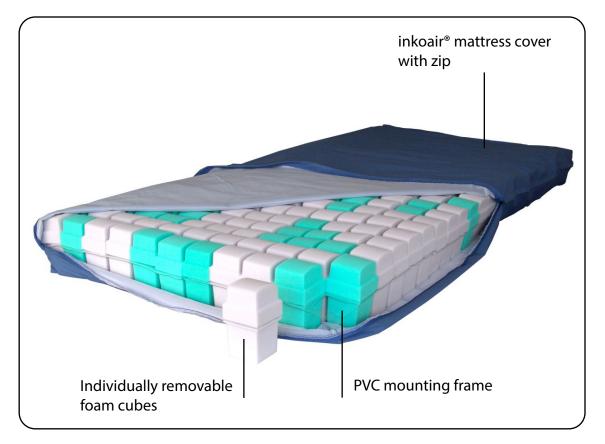


Fig. 5.01 – aks-varioplus

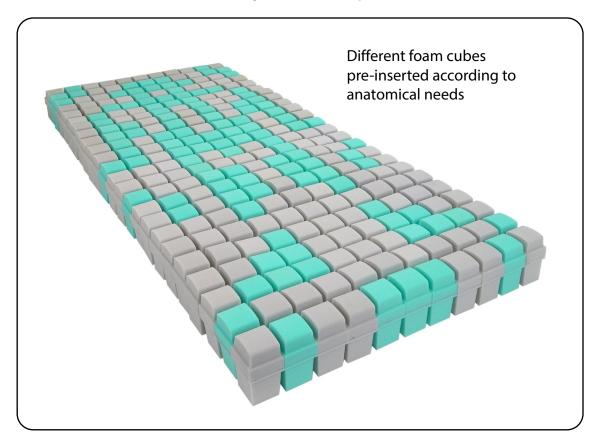


Fig. 5.02 – aks-varioplus without mattress cover

aks-varioplus



The product is an anti-decubitus cube mattress with removable foam cubes. It functions in accordance with the pressure-reducing and non-contact support principle and reduces the support pressure and shear forces. It is used for decubitus prophylaxis and to support decubitus therapy for the entire body.

The product consists of a lightly flexible mounting frame as a base into which the foam cubes are inserted. As a whole, these cubes create a structured reclining surface. The foam cubes have different compression hardnesses, different densities and different heights. There are two PU foam materials (differentiated by colour), with different compression hardnesses and densities, each available in three different heights (13, 14 or 15 cm). Thanks to the large number of cubes and the variety of foam cubes, the mattresses can be finely adjusted and adapted to the patient's body.

The specially rounded surfaces of the foam cube elements and the structured reclining surface enable optimum adjustment to the patient's body contours. Each foam cube has a support surface of around 7 x 7 cm. The support pressure is thus distributed across a larger support surface. This reduces the support pressure and improves blood circulation in the tissue regions. As a result, the risk of developing pressure ulcers is reduced.

The insertion principle means that foam cubes can be individually moved around or removed from specific places to keep parts of the body that are at particular risk or are injured free from contact (see chapter on Use, section **Removing the foam cubes for targeted pressure relief**).

The special cube shape creates enough space between the foam cubes to ensure optimum air circulation and a favourable microclimate. This circulation passively regulates the microclimate.

The cube shape also reduces shear forces.

The product is protected from soiling by the liquid-impermeable inkoair® mattress cover. The mattress cover is closed with a zip fastener and it can be removed. In the event of soiling, it can be washed in a washing machine using normal household washing agents (see chapter on **Cleaning/disinfecting**).

The inkoair® mattress cover is a liquid-impermeable incontinence mattress protector, designed especially for patients with bladder and/or bowel incontinence.



6 Commissioning

The product (incl. accessories) was developed for use on a care bed or a "standard bed".



Do not use a damaged or heavily worn product. Inspect the relevant product (incl. accessories) before and during set-up for damage and defects. Failure to observe this requirement will increase the risk of decubitus that is always present when the product is used.

The bed must have a mattress holder or a frame construction that prevents the product from slipping out.



Ensure that the reclining surface of the bed is stable and that the external dimensions of the reclining surface are appropriate for the product. The product can be used on all adjustable or rigid slatted frames and lattice support surfaces. The reclining surface must not have any sharp edges and corners which could damage the mattress.

Please note that the anti-decubitus mattress is only optimally effective if the reclining surface is level.

If you have established that the delivery is complete based on the **Scope of delivery** chapter in this manual and that the delivery is undamaged, proceed with the commissioning as follows:

1. Check whether the reclining surface is suitable for use with the mattress. Note the safety instructions for the user (see chapter on Safety instructions, section **Safety instructions for the user**).



You must train the user and make them aware of the hazards that may arise in case of improper use of the product, e.g.:

- Damage to the product (incl. accessories) due to incorrect cleaning/disinfecting, including washing/drying at too high temperatures, using additional brighteners/ bleach (see chapter Cleaning/disinfecting)
- 2. Carefully remove the outer packaging film.
- 3. Carefully open the inner packaging film at one end (e.g. using a safety cutter with blade guard). Take care not to damage the product.
- 4. Once the product (which is already fitted with the inkoair® mattress cover) has been rolled out, remove it from the packaging film.
- 5. Retain the packaging film for future transport or storage of the product.
- 6. Place the product on the support surface of your bed.
- 7. Make sure that the "aks" imprint and the foot symbol are upright. The "aks" imprint should be positioned at the head of the bed and the foot symbol should be positioned at the foot (Fig. 6.01).

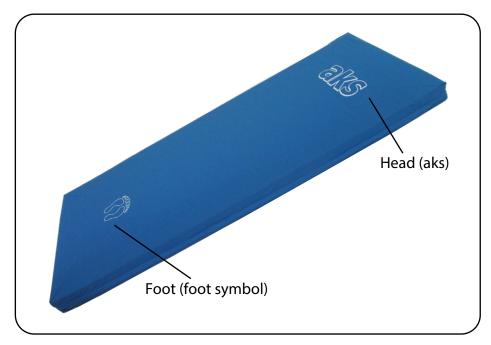


Fig. 6.01 - Mattress with mattress cover

- 8. Allow the product to lie for approximately one hour so that the foam can sufficiently expand and acclimatise.
- 9. Secure the product on the support surface of your bed to prevent it from slipping. In order to do so, wedge the pressure-reducing support mattress between the mattress holders or in the frame construction.
- 10. Ensure that the product is not compressed here and no bulges are created in the mattress.
- 11. Next, fit a bed sheet over the pressure-reducing support mattress or the inkoair® mattress cover. Make sure that the sheet is fitted without creases.
- 12. Finally, check the reclining surface of the mattress for possible pressure points due to the creation of creases and check that the product is seated securely before laying the patient on the pressure-reducing support mattress.



When using the product on a care bed with side rails, ensure that the function of the side rails is not impaired in any way.



Note the safe working load of the care bed.



6.1 Fitting the inkoair® mattress cover to the product

The product is delivered fitted with a cover. However, it may be necessary to remove and then re-fit the cover for cleaning (see chapter **Cleaning/disinfecting**). To fit the cover, proceed as follows:

- Place suitable mattress protection on the reclining surface of your bed and then place the product (without mattress cover) on the mattress protection.
- Make sure that the rounded top sides of the cubes are pointing upwards and the straight/flat sides of the cubes are facing down (Fig. 6.1.01).
- On delivery, the foam cubes in the product are positioned according to a standard insertion pattern (see Fig. 6.1.04 and Fig. 6.1.05). The head side of the cube mattress is identifiable by the seven (90 x 200 x 15 cm), or eight (100 x 200 x 15 cm) grey foam cubes positioned next to each other on one front side of the mattress.
- Fit the inkoair® mattress cover over the mattress, taking care to prevent any creases. Make sure that the corners of the foam core are fitted into the corners of the mattress cover.
- Make sure that the zip fastener's protective overlap runs from the top to the bottom, i.e. liquids must not be able to penetrate into the mattress cover from above through the zip fastener (Fig. 6.1.02).

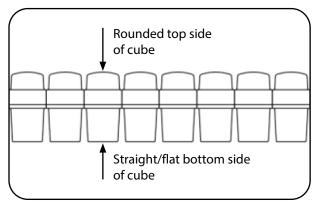


Fig. 6.1.01 - Foam cubes



The inkoair® mattress cover must be fitted onto the mattress so that the label "Oberseite/Kopfseite / top/head" can be seen from above. This label is attached to the middle of the front side of the mattress cover (the side without a zip, Fig. 6.1.03). Make sure that the direction of the arrow matches the direction of the arrow on the rating plate (printed on the side of the mattress, see chapter **Product labelling**).

• Now proceed as described in point 9 in chapter **Commissioning**.

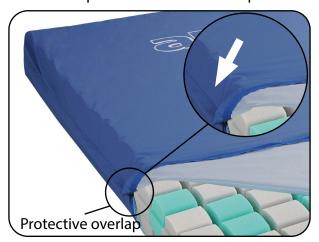
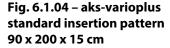


Fig. 6.1.02 – Protective overlap of the zip fastener



Fig. 6.1.03 – Mattress cover with label

Foot end



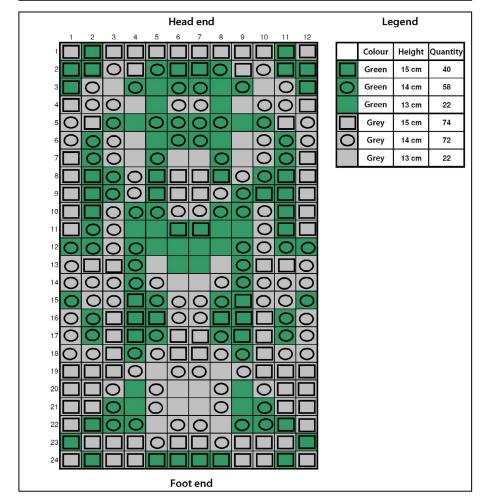


Fig. 6.1.05 – aks-varioplus standard insertion pattern 100 x 200 x 15 cm



7 First time use

Before using the product for the first time and every time it is reused, check that the product (incl. accessories) is in safe condition based on the maintenance information in the chapter on **Maintenance**. Before the product (incl. accessories) is reused, always clean and disinfect it in accordance with the instructions given in the chapter on **Cleaning/disinfecting**.



Observe the safety instructions (see chapter on **Safety instructions**).

8 Use

Before and during each use of the product, note the following information:



If the product is to be used on a care bed, also read and observe the instructions for use for the care bed.

Inspect the product (incl. accessories) regularly, especially after cleaning/disinfecting (see the chapter on Maintenance, section **Maintenance schedule: Inspection by the user**).

Do not use a damaged or heavily worn product/accessories. Failure to observe this requirement will increase the risk of decubitus that is always present when the product is used.

Keep the product (incl. accessories) away from intense heat or open flame. The foam core is not flame retardant.

Observe the specifications regarding cleaning/disinfecting (see the chapter on **Cleaning/disinfecting).**

Avoid placing the patient directly on existing wounds.

Note that the use of the product does not completely replace the need for regular repositioning of the patient.



The product (incl. accessories) may only be used after careful consideration of the individual patient. The suitability of the product (incl. accessories) for the patient must be checked at regular intervals (e.g. in case of weight gain/loss). Consider the special requirements of the patient to ensure that a foam mattress in the right size and right version is always used for the patient in question. Match the functional characteristics of the aks foam mattress to the specific disabilities and functional limitations of the respective patient. If a patient has restless legs syndrome, for example, we recommend positioning them so that their heels are not in contact with the mattress. Potential contraindications must be observed in this regard. Failure to comply with these instructions can result in a shorter service life/useful life for the product. In addition, the increased strain from shear forces increases the risk of decubitus that is always present when the product is used.



8.1 Removing the foam cubes for targeted pressure relief

If parts of the patient's body that are at particular risk of decubitus, such as the elbows, pelvis, heels, need specific pressure relief, foam cubes can be removed from the cube mattress (Fig. 8.1.01).

This removal is reversible, i.e. the foam cubes can also be reinserted into the cube mattress, if required.



It is only useful to relieve parts of the body that are at particular risk of decubitus if this does not cause additional strain to be placed on other areas of the body.

To remove the foam cubes, proceed as follows:

- 1. Undo the zip on the inkoair® mattress cover and remove the mattress cover.
- 2. To remove a foam cube first press together all four of its corners. When doing so, it is important to squeeze from below the centre point of the foam cube.
- 3. Next, carefully pull the squeezed foam cube out of the mounting frame.
- 4. Remove the foam cube in question from the cube mattress. When removing a cube, do not only pull on the part of the foam that is above the mounting frame, as this could cause the foam cube to tear in the middle.

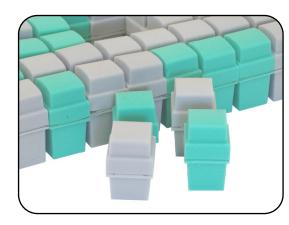


Fig. 8.1.01 – Removing the foam cubes

- 5. Keep the foam cube that you removed in a safe place so that you can re-insert it if necessary.
- 6. Fit the inkoair® mattress cover back onto the cube mattress (see Commissioning chapter, section **Fitting the inkoair® mattress cover to the product**).



Take care not to remove too many foam cubes from one position as the patient will otherwise come into contact with the underlying surface and the pressure relief provided by the cube mattress can no longer be guaranteed.

Adjustment of the cube mattress (removing foam cubes) must always be carried out by qualified personnel.



9 Accessories/combinations



Only original aks accessory/spare parts may be used as accessories/spare parts because only these have been tested by aks GmbH and thus guarantee faultless and safe function. Accessories/spare parts that have not been approved by aks GmbH can cause hazards.

SIZE			REF		
WxL H [cm] [cm]		Spare parts			
90 x 200	1.5	inkanium mattuass savau	49034		
100 x 200	15	inkoair® mattress cover	49035		

Further accessories / spare parts available on request.

We reserve the right to make changes and amendments. As a result, the specifications for **REF** may vary. Latest **REF** available on request.



10 Cleaning/disinfecting

Cleaning: Achieving a state of cleanliness (visible). Removal of contamination to the extent required for the intended purpose of the product.

Disinfection: Reducing the number of or destroying microorganisms (not visible). Procedure designed to reduce the number of viable micro-organisms to a pre-defined acceptable level appropriate to the intended purpose of the product.



When cleaning/disinfecting the product, note that the individual components could be infectious or contaminated. Take suitable precautions for your own safety. Use suitable packaging/labelling to ensure that the product/accessories can be transported without any risks to third parties.



Note the difference between cleaning/disinfecting for use by "**the same patient**" and cleaning/disinfecting for "**reuse**". Note that, for reuse in particular, only disinfection methods that are performed according to a validated procedure¹ with the suitable process parameters are permitted.

10.1 General cleaning and disinfecting instructions

The product is suitable for reuse (see the chapter on **Reuse**). The product is manufactured subject to the highest quality standards. The following manufacturer information on cleaning/disinfecting must always be observed to ensure that the characteristics stated by the manufacturer do not change. This is the only way to guarantee that the product is safe and effective for its intended purpose.

All products are equipped with a rating plate (see chapter on **Product labelling**).



Please observe the relevant washing and care instructions on the rating plate for cleaning and disinfection. The table "Explanation of the care symbols" in the chapter **Product labelling** explains what these symbols mean. Failure to observe the care instructions, for example by washing/drying at too high temperatures, or using additional brighteners/bleach, will damage the product.

Both domestic and professional cleaning agents and disinfectants can be used to clean and disinfect the product. The following points must be observed:

Never use

- Abrasive agents or cleaning materials containing ammonium chloride
- Basic/alkaline cleaning agents
- Aggressive cleaning materials, e.g. solvents and hard brushes etc.

If possible, use

- Environmentally and dermatologically tested cleaning agents
- Alcohol-free and chlorine-free disinfectants and methods for wipe disinfection from the Robert-Koch Institut (RKI) list or the disinfectants list of the Verbund für Angewandte Hygiene e.V. (VAH)

E.g. in accordance with the requirements of the Robert Koch Institute (RKI) or another procedure that has been validated by the operator/treatment personnel.





Observe the instructions and safety precautions from the manufacturers of the cleaning and disinfectant materials.



Clean and disinfect the product at regular intervals and whenever there is evident soiling and keep a proper log of the cleaning/disinfection.



In addition to regular maintenance, regular cleaning helps to identify loose and/or worn parts. This ensures safe use and extends the product's service life.

Wear gloves during cleaning/disinfection to prevent the cleaning agents/disinfectants from coming into direct contact with your skin.

Keep the surface disinfectants you use in sealed containers and note that these will need replacing at regular intervals in accordance with the manufacturer's specifications. We recommend using re-sealable pump dispensers to apply cleaning agents/disinfectants to cleaning cloths.

Make sure the room is ventilated sufficiently, or air it out thoroughly after wipe disinfection.

10.2 Cleaning by the user/operator

The inkoair® mattress cover or aks-inkocover stretch cover can be cleaned by hand with a mild, alcohol-free cleaning agent and a cloth. Alternatively, the inkoair® mattress cover or aks-inkocover stretch cover can be washed in a washing machine using normal household washing agents. Observe the washing and care instructions on the rating plate (see the chapter on **Product labelling**) and choose the right settings / process parameters.



Note that washing at 95 °C with normal household washing agents is a type of cleaning that is only effective for the same patient. Note that, when the product is used by a different patient (=reuse), only disinfection methods that are performed according to a validated procedure with the suitable process parameters are permitted.

The mattress protection must <u>not</u> be bleached and it must <u>not</u> be ironed. It is possible to dry it in a tumble dryer if a low temperature is set.

The foam cubes and the mounting frame are suitable for manual cleaning with a damp cloth, when necessary.

The foam cubes can also be washed individually in a washing machine at 60 °C using normal household washing agents.



Before refitting the inkoair® mattress cover or aks-inkocover stretch cover (see the section **Fitting the inkoair® mattress cover to the product** in the Commissioning chapter) both the foam core and the mattress cover or stretch cover must be completely dry. Otherwise, there is a risk of mould. Do not use any hot air (e.g. a hairdryer) for drying purposes.



To ensure a longer service life, avoid drying in a tumble dryer.

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10.3 Disinfection by the user

Please note: it is important to clean the product thoroughly prior to disinfection! To disinfect the inkoair® mattress cover or aks-inkocover stretch cover by hand, use a wipe disinfection method. For regular disinfection by the user, domestic disinfectants can be used.

The inkoair® mattress cover is a full cover that completely encloses the foam core. The protective overlap of the zip fastener prevents any liquids that run down the sides from entering into the cushion.

The aks-inkocover stretch cover is a cover that is pulled over the mattress and held in place by a bordered elastic strap; the underside is only partially enclosed. The sides are protected against liquids running down.

For this reason, it is sufficient to disinfect the mattress cover or stretch cover if it has been used as intended. If the foam core and the mounting frame have become contaminated, contact your authorised dealer.

10.4 Disinfection by the operator

Please note: it is important to clean the product thoroughly prior to disinfection! To disinfect the inkoair® mattress cover or aks-inkocover stretch cover by hand, use a wipe disinfection method. In case of disinfection carried out by the operator – e.g. during treatment for reuse – only validated disinfectants² may be used.

The inkoair® mattress cover is a full cover that completely encloses the foam core. The protective overlap of the zip fastener prevents any liquids that run down the sides from entering into the cushion.

The aks-inkocover stretch cover is a cover that is pulled over the mattress and held in place by a bordered elastic strap; the underside is only partially enclosed. The sides are protected against liquids running down.

In addition, the inkoair® mattress cover and the aks-inkocover stretch cover can be cleaned separately using validated mechanised processes². Observe the washing and care instructions on the rating plate (see the chapter on **Product labelling**) and choose the right settings / process parameters.

If the foam core and the mounting frame are contaminated, a validated mechanised process² can be carried out. We recommend steam disinfection at 105 °C. Please note that the cover must be removed prior to disinfection in an autoclave, so that only the foam core and the mounting frame are in the autoclave.



After autoclaving, the foam core and mounting frame should acclimatise at room temperature without a cover for 24 hours to remove any remaining moisture from the foam core. If the product is put on immediately, this can cause mould both on the cover and on the foam core, and thus damage the product.

e.g. from the Robert-Koch Institut (RKI) list or the disinfectants list of the Verbund für Angewandte Hygiene e.V.(VAH) or another disinfectant/method that has been validated by the operator/treatment personnel.



10.5 Approved disinfectants and disinfection methods



When using disinfectants and disinfection methods, always observe the corresponding information from the manufacturer, particularly the specifications regarding concentration (dosage) and exposure time. Always use cold water (max. 30°C) when diluting disinfectants.

The following disinfectants and disinfection methods have been tested and approved by aks GmbH.

Wipe disinfection

Component Manufacturer of disinfectant		Designation / active ingredient	Effectiveness* (degree of disinfection)		
inkoair® mattress cover/ aks-inkocover stretch cover	FCOIAD	Incidin™ Rapid³	А		

Mechanised disinfection

Component	Manufacturer of cleaning agent / disinfectant	Designation / active ingredient	Effectiveness* (degree of disinfection)
inkoair® mattress cover/ aks-inkocover stretch cover		Ozonit method: Ecobrite Magic Emulsion (cleaning agent) + Ozonit super ⁴ (disinfectant)	АВ

	Component	Manufacturer/system	Method	Effectiveness* (degree of disinfection)	
with m	Foam core Belimed Sauter		Fractional vacuum process: 105 °C programme	AB	

^{*} A: Suitable for killing vegetative bacteria, including mycobacteria and fungi including fungal spores

B: Suitable for inactivation of viruses



We recommend the certified treatment unit at aks pura GmbH for cleaning and disinfection of the product.

according to the Verbund für Angewandte Hygiene e. V. (VAH) – Active ingredient basis: aldehyde(s), quaternary compound(s)

according to the Verbund für Angewandte Hygiene e. V. (VAH) – Active ingredient basis: peroxide compound(s)



11 Storage

The storage location should be as cool and dry as possible and not exceed normal room temperature. The climatic conditions are described in the chapter on **Technical data** and must be complied with.



Ensure damage and continual strain are ruled out during the storage period.

Do not place anything on the product that could damage it (e.g. pointed objects with sharp edges).

The maximum stacking height (when unrolled) specified in the chapter on **Technical data** must not be exceeded.

Do not drag the mattress along the floor when transporting it. Also avoid contact with walls, door frames, door locks or handles etc.



For long-term storage, the product should be stored in a clean, dry and unfolded state. Use the original packaging for storage to protect the product against dust and/or cover the product with foil or a sheet.

Keep the product away from direct sunlight, fire and heat sources (e.g. heating, stoves etc.).

12 Reuse

The products described in the instructions for use are suitable for reuse. Before reusing the product in question (e.g. in the event of a change of patient), make sure that it has been cleaned and disinfected as described in the chapter on **Cleaning/disinfecting** and serviced as described in the chapter on **Maintenance**, and that any defects or damage found has been repaired by the appropriate qualified personnel and/or the components in question replaced.



Observe the safety instructions (see chapter on Safety instructions).



13 Service life

If the product is used as intended, cleaned and disinfected as described in the chapter on **Cleaning/disinfecting**, and maintenance work is carried out at regular intervals as defined in the maintenance schedule (see chapter on **Maintenance**), a service life/useful life of up to **five years** is possible.



Do not use a damaged or heavily worn product/accessories. Failure to observe this requirement will increase the risk of decubitus that is always present when the product is used.

Do not carry out any repairs or modifications to the product.



Please note the permitted patient weight (see chapter on **Technical data**). Exceeding the permitted patient weight not only reduces the service life/useful life of the product, it also increases the risk of decubitus that is always present when the product is used.

The service life/useful life of the products is affected by the patient's specific characteristics. These characteristics include restless legs syndrome, among others. Note the information in the chapter on **Use**.



The product's service life/useful life is of course dependent on how it is used. Frequent transportation, cleaning and disinfection reduce the service life/useful life as do improper handling, improper storage and irregular maintenance.

If the products are treated properly and handled carefully, and they are cleaned/disinfected as described in the chapter on **Cleaning/disinfecting**, they can also be used for longer.

The fact that aks GmbH specifies an expected service life/useful life for the products does not represent an additional guarantee.

14 Disposal

The products described in these instructions for use are made of plastic and, in some cases, metal (zip of the mattress cover). These must be disposed of properly, separately and in accordance with the statutory requirements.

Sort the packaging materials according to the parts that are recyclable, and recycle these in accordance with the applicable environmental regulations. Properly dispose of the parts that are not recyclable in your country.



When disposing of the product, note that the individual components could be infectious or contaminated. Take suitable precautions for your own safety. Use suitable packaging/labelling to ensure that the product/accessories can be disposed of without any risk to third parties.

Contact your local disposal company. For disposal in countries other than Germany, observe the respective applicable national laws, regulations and provisions.

The product is compliant with Regulation (EU) 2020/171, known as the REACH Regulation of the European Parliament and of the Council from 6 February, 2020 concerning the Registration, Evaluation, Authorisation and Restriction of Chemicals.



15 Warranty

The products described in these instructions for use are distinguished by their long service life and high reliability. If a problem arises, inform your authorised dealer. The authorised dealer will assist you as quickly as possible.

We guarantee the faultless condition of our products in accordance with our sales and delivery conditions. In respect of material defects, we provide a manufacturer's warranty for **24 months** from the date of purchase (soiling and normal wear are not covered by the warranty).



Non-observance of the instructions for use, improper use, improperly carried out maintenance work, and technical modifications and additions (e.g. attachments) without the permission of aks GmbH render the warranty and general product liability void.

We reserve the right to make technical changes for the purpose of improvement. For the product designation and information for clear identification (e.g. SN), LOT), refer to the rating plate (see chapter on **Product labelling**).

16 Declaration of conformity

The products described in these instructions for use comply with all the applicable requirements of Regulation (EU) 2017/745 on Medical Devices (MDR). During development of the products, the applicable parts of the following standards were taken into account:

• EN ISO 10993-5 Biological evaluation of medical devices – Part 5: Tests for in vitro cytotoxicity

The full Declaration of Conformity is available on request.



17 Maintenance

17.1 General maintenance instructions

The service life of the products (incl. accessories) described in these instructions for use is of course dependent on the type of use.



In order to ensure safe operation, the product in question must be visually inspected at regular intervals by appropriate qualified personnel, every time the product is returned to use and after every repair, in accordance with the maintenance schedule.

If the product is not regularly and properly serviced, safe use is no longer guaranteed. Wear, damage as well as loosening of connecting elements can therefore not be detected.



If any checks indicate defects/damage, do not use the product any longer. Mark the product clearly as "out of order" and inform your authorised dealer immediately.

Do not carry out any repairs or modifications on the product that would alter the product characteristics. If this instruction is not observed, safe care can no longer be guaranteed and there is an increased risk of decubitus. In addition, any warranty claims and product liability are excluded.

Maintenance may only be carried out when the mattress is unoccupied.



Only original aks spare parts and aks accessory parts that are approved for these products may be used (see chapter on **Accessories/combinations**). Otherwise, any warranty claims and product liability are excluded. You must not make any technical modifications and additions without permission from aks GmbH.

In Germany, the EU Medical Devices Adaptation Act (MPEUAnpG) applies, including the Medical Devices Implementation Act (MPDG) and the Medical Devices Operator Ordinance (MPBetreibV). The corresponding national laws, regulations and requirements are applicable in other countries.

The maintenance schedule must be used as test specifications for the products (incl. accessories) described in these instructions for use, and this must be properly documented.

Perform all tests under normal indoor ambient conditions (humidity and temperature). Perform all the tests on the same product and document your results. The following information must be provided as a bare minimum:

- Name and address of testing company
- Name of tester
- Test date
- Information on the product, incl.: Type, size, date of manufacture/production, serial/LOT number, catalogue umber where applicable
- Permitted patient weight
- Name and address of the manufacturer
- Test results
- Indication of next test date



17.2 Maintenance schedule: Inspection by the operator

Service the product at regular intervals¹, every time it is returned to use after storage and after every repair.



Article 7 of the MPBetreibV specifies the following:

"Maintenance measures refer to inspections and **maintenance tasks** that are necessary in order to continuously ensure safe and proper operation of medical devices. The maintenance measures shall be performed taking the **manufacturer's instructions** into consideration (...)."

The following maintenance schedule provides help for this inspection:

Application area	
☐ Private household ☐ In-patient facili	ty
Client:	First time use (YYYY/MM)//
Last inspected on:	by:
Inspection prior to initial commissioning conducted on:	by:

Model	Cover	Dimensions W x L (cm)	UDI-DI
alsa vaniantus	in landin®	90 x 200	042518187 00347
aks-varioplus	inkoair®	100 x 200	042518187 00354

¹ Article 11 of the MPBetreibV specifies the following for technical safety inspections for the medical devices specified in Annex 1 of the MPBetreibV:

[&]quot;The owner shall schedule inspection intervals accordingly to ensure that the defects that are to be expected on the basis of past experience can be identified in good time."

Technical safety inspections do not apply to the products described in these instructions for use. The wording specifies the owner's responsibility.



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The following maintenance schedule provides help for this inspection:

Inspection of anti-decubitus foam mattress – inspection points* OK NOK n/a									
Inspection of ar	nti-decubit	us foam	mattress – inspection	on points*			ОК	NOK	n/a
Check of the ba	sic require	ments							
Appropriate use (see chapter Intended use, section Intended purpose)									
Permitted comb	ed combinations of mattresses and mattress protection								
(see chapter Acc	essories/co	mbinati	ions)						
			and accessible to us						
No unauthorised	d intervention	ns, mod	ifications or imprope	r handling					
Inspection of th									
foam cubes wit									
– The mattress c				'.l					
		•	luct designation, seri bottom marking etc						
No deformation,) (see chapter Frou t	uct labellill	9)			
No deformation,		or depres	1310113						
No soiling of the									
No soiling of the				halas haudaning at	٠,١				
			ndamaged (no tears,	, noies, nardening et	C.)				
No wear, no wor			to to be as						
Adhesive bond k									
(see chapter on			ely inserted in the mo	ounting frame					
Mounting frame			cks etc.)						
						<u> </u>			
Inspection of th						ı		1	
(see chapter Pro			tretch cover present,	, attached and legibl	e				
			narating coame coor	ch marks)					
No soiling	tears, noies	, cuts, se	parating seams, scor	CH HIdIKS)					
	n/abradad	2,402,6							
No wear, no wor			-ll -t - (-l' -l						
			al and complete (slid the front side presen						
(see chapter on I	•		ine front side presen	t and legible					
			y elastic and tight						
	<u> </u>					<u> </u>			
Overall assessm	nent: Anti-c	lecubitu	s foam mattress						
aks anti-decubit	us foam ma	ttress and	d accessories are in o	rder:] YES		_ NO	
Remark:									
Test date		Compa	any	Inspector		Signature	9		
Data for anti-dec	cubitus foa	m mattro							
					Date	of		Next	
Product	Туре		Dimensions	SN / LOT	manufa			ce/	
	'/ -		L x W (cm)	J. 17 (201)	(YYYY/I			spectio	
Mattress									
Mattress cover/									
stretch cover									
	l								
(*)									
OK in order		The con	dition or the functio	n complies with the	requiremer	nts			
NOK not in ord	der		dition or the functio			uirements	•		
	The defect has to be rectified by a repair or replacement								

Property/component not present, e.g. stretch cover

n/a

not applicable

17.3 Maintenance schedule: Inspection by the user

In addition to the periodic inspections by suitable qualified personnel, the user must check at regular intervals that the product is in a safe state. Do not use the product if you are concerned about the safety of using it. Contact you authorised dealer immediately.

The following table provides help for this inspection:

Inspection of the mattress/mattress protection – inspection points

No deformation, formation of depressions

No damage (tears, holes, cuts, separating seams, scorch marks)

No soiling of the mattress protection

No wear, no worn/abraded areas

Mattress cover: Zip fastener functional and complete (slider, slider grip)

Stretch cover: Elastic strap sufficiently elastic and tight



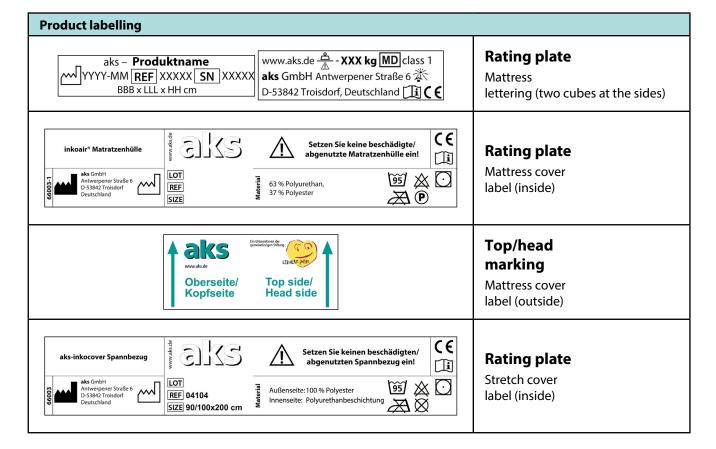
If any of these checks indicate defects/damage, the product must no longer be used. Mark the product clearly as "out of order" and inform your authorised dealer immediately.



Do not use a damaged or heavily worn product/accessories. Failure to observe this requirement will increase the risk of decubitus that is always present when the product is used.



18 Product labelling



Explanation of the symbols					
CE	CE marking – this product satisfies the applicable requirements of the Regulation (EU) 2017/745 on Medical Devices (MDR) and other legal requirements of the European Union regarding affixing the relevant marking.				
SIZE	Dimensions of the product				
MD	Medical device as per Regulation (EU) 2017/745 on medical devices				
class I	Class I according to Annex VIII of Regulation (EU) 2017/745 on medical devices				
UDI	<u>Unique</u> <u>Device</u> <u>Identifier</u> (UDI) – refers to a sequence of numeric or alphanumeric characters that allows unambiguous identification of specific products on the market				
= kg	Permitted patient weight				
Explanation of the symbols	EN ISO 15223-1				
Ţ <u>i</u>	Observe instructions for use				
<u>^</u>	Attention				
	Manufacturer				
	Date of manufacture				
LOT	Production batch number, batch				
REF	Article number				
SN	Serial number				
♦• ♦	Air pressure, limit				
%	Humidity, limit				
	Temperature, limit				
	Keep dry/store in a dry place				
类	Protect against heat/sunlight				



Explanation of the symbols	IEC 6041	7
	Stacking limit by quantity	

Explanation of the symbols Min. patient body weight = 40 kg Min. patient height= 146 cm Min. patient BMI = 17 Body mass index (BMI) is a measurement of a person's outline based on their individual body weight and height: $BMI = \frac{Weight (in kg)}{Size x size (in m)}$ $Example 1:$ $BMI = \frac{40 kg}{1.46 m x 1.46 m} = 18.8 = in order$ $Example 2:$ $BMI = \frac{40 kg}{1.56 m x 1.56 m} = 16.4 = not in order$		
Min. patient height= 146 cm Min. patient BMI = 17 Body mass index (BMI) is a measurement of a person's outline based on their individual body weight and height: $BMI = \frac{Weight (in kg)}{Size x size (in m)}$ $Example 1:$ $BMI = \frac{40 kg}{1.46 m x 1.46 m} = 18.8 = in order$ $Example 2:$	Explanation of the symbols	EN 60601-2-52
		Min. patient height= 146 cm Min. patient BMI = 17 Body mass index (BMI) is a measurement of a person's outline based on their individual body weight and height: $BMI = \frac{Weight (in kg)}{Size x size (in m)}$ $Example 1:$ $BMI = \frac{40 kg}{1.46 m x 1.46 m} = 18.8 = in order$ $Example 2:$

Explanation of the care symbols		EN ISO 3758
95	Hot wash (normal washing cycle) Washing temperature 95 °C, normal process	
\bowtie	Do not bleach Use bleach-free detergents	
\odot	Dry with reduced thermal load Dry at low heat setting (maximum approx. 60 °C)	
\bowtie	Do not iron	
P	Professional dry cleaning, normal process	
\boxtimes	Do not dry clean	



19 Technical data

General information on the product							
Classification	Class I medical device according to Regulation (EU) 2017/745, Appendix VIII						
Basic UDI DI	4251818712 40113DL						
Permitted patient weight [kg]	40 to 120						
	Ambient temperature	Use		10 to 50			
	[°C]	Transport/storage		0 to 50			
Climatic conditions	Humidity [%]		30 to 75				
	Air pressure [hPa]			800 to 1060			
			Normally co	mposed atmospheric air			
Storage – unrolled –	Max. stacking height [pcs]	10					
Mattress							
SIZE [cm]	90 x 200 x 15	90 x 200 x 15 100 x 200 x 15					
Weight [kg]	approx. 8.2	approx. 12.4					
Material	PU foam PVC mounting frame						
Green foam cubes	Density: 28 ± 1 kg/m³ Compression hardness: 3.05 kPa; 40% (NFT 56110)						
Grey foam cubes	Density: $32 \pm 1 \text{ kg/m}^3$ Compression hardness: 4.07 kPa; 40% (NFT 56110)						
Size of cube elements	approx. 7 x 7 x 13/14/15 cm						
inkoair® mattress cover							
Material:	63% polyurethane, 37% polyester Weight: 150 g/m² Flame-retardant acc. to BS 7175 (Crib 5)						

All specifications regarding dimensions and weights are approximate specifications. The sizes of the mattresses are affected by manufacturing tolerances; this means that deviations in the stated dimensions of up to 2 cm are possible.



The product fulfils the requirements of the REACH Regulation, among other requirements.

All parts and data are subject to constant further development and can thus be different from the information shown in this document.





Notes:

aks-varioplus



Notes:





Notes:

aks-varioplus



Enter the data for your product here: Type: aks-maxiplot aks-microplot plus aks-varioplus aks-duoplot aks-duoplot RV aks-duoplot plus aks-duoplot plus RV aks-memoplot aks-memoplot RV aks-theraplot aks-viscoplot aks-HD85 L aks-HD85 XL aks-HD85 XXL **Mattress protection:** ☐ inkoair® aks-inkocover (01)042518187 ___ __ __ __ UDI SN SIZE [cm] ☐ 100 x 200 90 x 200 ____x__ 90 x 190 month _____ month First time use: year _____ Authorised dealer: Name Street Postcode/town Telephone number ______







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Translation of the original instructions for use: GA_Decu_varioplus_220210_Rev01_DE